



Emotional Intelligence

What is Emotional Intelligence?

A set of emotional and social skills that influence the way we perceive and express ourselves, develop and maintain social relationships, cope with challenges, and use emotional information in an effective and meaningful way.

Why the EQ-i 2.0[®]?

The EQ-i 2.0 measures emotional intelligence (EI) and how it can impact people and the workplace.

Applications of emotional intelligence include:

- Leadership Development
- Selection
- Organizational Development
- Executive Coaching
- Team Building
- **Student Development**

While emotional intelligence isn't the sole predictor of human performance and development potential, it is proven to be a key indicator in these areas. Emotional intelligence is not a static factor – to the contrary, one's emotional intelligence changes over time and can be developed in targeted areas.

The EQ-i 2.0 Experience:

New Model, New Reports, and New Platform.

The EQ-i 2.0 builds on EQ-i. It introduces some differences that stem from changes (based on extensive feedback) to assessment items, updated norms, and rigorous reliability and validity studies.

EQ-i 2.0 MODEL



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 Based on the
 Bar-On EQ-i[®] model
 by Reuven Bar-On.

QUICK FACTS

Age Range 18 years and older

Administration Time 20-30 minutes

Number of Items 133

Format

Online EQ-i 2.0 Portal for quick and easy administration, scoring and more

Report Options

- Workplace • 360

Coming Soon

- Group • Higher Education • Lifestyle • Leadership

Norms

General Population, n=4000

Age and gender specific

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